

YOUTH PROGRAM FOR DIVYA DARPAN (DIVINE MIRROR) GROUP

POINTS FOR SELF PROGRESS FOR THE MONTH OF JULY 2022

Chart for the month of July 2022:

AIM: Charitable actions accumulates in our accounts

Baba has explained to us children that charity has greater importance than a donation. An act of charity is an act of altruistic service. An act of charity is not showy, but it is done from the heart. A soul who performs charitable actions receives blessings from the hearts of many souls. A charitable soul overflows with the instant fruit he receives from God's blessings and blessings from souls. The vision and attitude of a charitable soul give others the experience of blessings. The sparkle of satisfaction and contentment is constantly visible on the face of a charitable soul. Because of the fruit he has claimed, a charitable soul is constantly beyond having arrogance or feeling insulted. A charitable soul uses the power of his charity in his every thought at every moment of upheaval and in every action in a worthwhile way.

So, come, let us accumulate charitable acts in our accounts and claim the throne of the kingdom of the world.

WEEK	EFFORT OF DIVYA DARPAN (DIVINE MIRROR)
FIRST	We will give cooperation to all souls
SECOND	All service will be done with the heart
THIRD	Will stay beyond arrogance and insult
FOURTH	The sparkle of satisfaction and contentment will be visible on the face

For whatever aim is given for the week, let us practice or churn over it. Write at least 10 lines on its benefits. Then check everyday at night, how many % did I accumulate in my account of charity?

Special Activity: On every Sundays of the month, keep a workshop for all youths and DD chart writers. Make groups and tell them to discuss on the following questions: (Sample for one Sunday)

1. What is charitable action?
2. What are the methods to do charitable action?
3. What are the signs of a charitable soul?
4. Create action plan

❖ **In your frame book, write in five lines the following by checking the result and keeping a record before going to bed.**

1. Good morning - 3.30 am
2. Amritvela - 3.30 to 4.45 am
3. Physical exercises/walking - Hanji
4. Traffic control - 5
5. Murli class - in class
6. Did you read the Avyakt Murli? - Hanji
7. Evening yoga - Hanji
8. Self-respect - very good
9. Charitable acts - 60%
10. Good night - 10.30 pm

❖ **During this month, we are going to wear specially two bracelets of maryadas (Godly principles):**

1. We will give happiness and take happiness from all.
2. We will neither give sorrow nor take sorrow from anyone.

❖ **Practice:**

In every hour for one minute, inculcate from Baba the rays of knowledge, virtues and powers and give to all souls.

❖ **Together with the special practice of Divya Darpan, write in your notebook after noting down today's murli, at least 21 times the points of self-respect or 10 points of churning. If you have had any good experience, then note it down too.**

WEEK	EFFORT OF DIVYA DARPAN (DIVINE MIRROR)
FIRST	I, the soul, am cooperative for all.
SECOND	I, the soul, am instrument and humble.
THIRD	I, the soul, am the owner of self-respect.
FOURTH	I, the soul, am a gem of satisfaction.

Phone No: (079) 26444415, 26460944

Email: bkyouthwing@gmail.com

Website: www.bkyouth.org