



YOUTH PROGRAM FOR DIVYA DARPAN (DIVINE MIRROR) GROUP
POINTS FOR SELF PROGRESS
FOR THE MONTH OF AUGUST 2022

Chart for the month of August 2022:

AIM: Personality of purity

Those who have the personality of purity will not touch any vices even through their mind and intellect. Personality of purity means in every action there is greatness and specialties. Personality means to be always busy in serving the self and others that is not to waste our energy, time and thoughts but instead use them in a worthwhile way. The ones who have a personality will not keep their mind and intellect busy in petty things. They will not hear impure conversation whilst listening, they will not see whilst looking.

So, come, let us inculcate the personality of purity on our face and our attitude to glorify Baba.

WEEK	EFFORT OF DIVYA DARPAN (DIVINE MIRROR)
FIRST	Viceless action
SECOND	Viceless words
THIRD	Viceless vision
FOURTH	Viceless attitude

For whatever aim is given for the week, let us practice or churn over it. Write at least 10 lines on its benefits. Then check everyday at night, how many % did I maintain my personality of purity?

Special Activity: On every Sundays of the month, keep a workshop for all youths and DD chart writers. Make groups and tell them to discuss on the following questions: (Sample for one Sunday)

1. What is to be a personality of purity?
2. What are the principles needed to be a personality of purity?
3. What are the attainments of a personality of purity?
4. Create action plan

❖ **In your frame book, write in five lines the following by checking the result and keeping a record before going to bed.**

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|---------------------------------------|---|
| 1. Good morning - 3.30 am | 6. Did you read the Avyakt Murli? - Hanji |
| 2. Amritvela - 3.30 to 4.45 am | 7. Evening yoga - Hanji |
| 3. Physical exercises/walking - Hanji | 8. Self-respect - very good |
| 4. Traffic control - Hanji | 9. Personality of purity - 60% |
| 5. Murli class - in class | 10. Good night - 10.30 pm |

❖ **During this month, we are going to wear specially two bracelets of maryadas (Godly principles):**

1. We will not let the mind and the intellect touch any badness.
2. We will always use in a worthwhile way our energy, time and thoughts.

❖ **Practice:**

In every hour for one minute, attain light and might from Baba, the ocean of purity and spread into the world.

❖ **Together with the special practice of Divya Darpan, write in your notebook after noting down today's murli, at least 21 times the points of self-respect or 10 points of churning. If you have had any good experience, then note it down too.**

WEEK	EFFORT OF DIVYA DARPAN (DIVINE MIRROR)
FIRST	I, the soul, am a pure yogi.
SECOND	I, the soul, am a pure angel.
THIRD	I, the soul, am a pure deity.
FOURTH	I, the soul, am a supremely pure.

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