



YOUTH PROGRAM FOR DIVYA DARPAN (DIVINE MIRROR) GROUP
POINTS FOR SELF PROGRESS
FOR THE MONTH OF SEPTEMBER 2022

Chart for the month of September 2022:

AIM: Personality of spiritual love

Spiritual love is love for souls. The Supreme Soul Himself teaches us spiritual love in the Confluence Age. The present Godly love gives us the return of having a life filled with love for many births but the fulfilment for such life is now. In the Confluence Age, God Himself introduces us to our own truth and teaches us to have spiritual love with all souls. The souls with the personality of spiritual love can neither be influenced or influence others but they make others connect their love with the Supreme Soul.

So, come, let us find the solution to all reasons and become like the Father.

WEEK	EFFORT OF DIVYA DARPAN (DIVINE MIRROR)
FIRST	To love the self
SECOND	To love the Supreme Soul
THIRD	To love all the souls of the Brahmin family
FOURTH	To love each scenes of the drama

For whatever aim is given for the week, let us practice or churn over it. Write at least 10 lines on its benefits. Then check everyday at night, how many % did I become the personality of love?

Special Activity: On every Sundays of the month, keep a workshop for all youths and DD chart writers. Make groups and tell them to discuss on the following questions: (Sample for one Sunday)

1. What is the importance of spiritual love?
2. What sanskars are hindrance in order to be the personality of spiritual love?
3. What should be my efforts to keep spiritual love?
4. Create action plan

❖ **In your frame book, write in five lines the following by checking the result and keeping a record before going to bed.**

1. Good morning - 3.30 am
2. Amritvela - 3.30 to 4.45 am
3. Physical exercises/walking - Hanji
4. Traffic control - Hanji
5. Murli class - in class
6. Did you read the Avyakt Murli? - Hanji
7. Evening yoga - Hanji
8. Self-respect - very good
9. Personality of spiritual love - 80%
10. Good night - 10.30 pm

❖ **During this month, we are going to wear specially two bracelets of maryadas (Godly principles):**

1. See the eternal form of every soul.
2. Follow the shrimat given by Baba for the mind, the words and the deeds.

❖ **Practice:**

In every hour for one minute, let us experience the rays of true love from the Ocean of Love Baba and shower that spiritual love on other souls.

❖ **Together with the special practice of Divya Darpan, write in your notebook after noting down today's murli, at least 21 times the points of self-respect or 10 points of churning. If you have had any good experience, then note it down too.**

WEEK	EFFORT OF DIVYA DARPAN (DIVINE MIRROR)
FIRST	I, the soul, am eternally and originally pure.
SECOND	I, the soul, am loved by the Supreme Soul.
THIRD	I, the soul, am loved by all.
FOURTH	I, the soul, am a detached observer.

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