



YOUTH PROGRAM FOR DIVYA DARPAN (DIVINE MIRROR) GROUP
POINTS FOR SELF PROGRESS
FOR THE MONTH OF APRIL 2023

Chart for the month of April 2023:

AIM: Being the embodiment of the point is the instrument of safety

The word point is the basis to become number one from numberwise. Experience the form of point. If there is any wasteful thought, word or action, put a point that is put a bindi. By the churning of the many points of knowledge and inculcations, use them in the service of the self and others at the right time. The word is one point but there is a difference whilst using it in the three different forms in remembrance and in the form. Everyone does remember but this remembrance to make it the embodiment, it becomes numberwise.

So, come, let us bring the word point in the form point and use this instrument of safety and by becoming ancestors keep the souls of the world safe.

WEEK	EFFORT OF DIVYA DARPAN (DIVINE MIRROR)
FIRST	Put a point in all wasteful thoughts, words and actions.
SECOND	Understand yourself to be a point as well as the ones coming in contact.
THIRD	Use the many points of knowledge for yourself and service.
FOURTH	Put a point in seeing every scene of drama.

For whatever aim is given for the week, let us practice or churn over it. Write at least 10 lines on its benefits. Then check everyday at night, how many % did I become the form of point?

Special Activity: On every Sundays of the month, keep a workshop for all youths and DD chart writers. Make groups and tell them to discuss on the following questions: (Sample for one Sunday)

1. What is to be the point form?
2. What is the disciplines needed to stay in the point form?
3. What are the characteristics of souls who are in the point form?
4. Create action plan?

❖ **In your frame book, write in five lines the following by checking the result and keeping a record before going to bed.**

1. Good morning - 3.30 am
2. Amritvela - 3.30 to 4.45 am
3. Physical exercises/walking - Hanji
4. Traffic control – 5
5. Murli class - in class
6. Did you read the Avyakt Murli? - Hanji
7. Evening yoga - Hanji
8. Self-respect - very good
9. Point form - 80%
10. Good night - 10.30 pm

❖ **During this month, we are going to wear specially two bracelets of maryadas (Godly principles):**

1. To do all actions in the light and might of knowledge.
2. To discern the terrifying form of nature and the royal understanding of maya, always underline the word attention.

❖ **Practice:**

In every hour for one minute, let us understand the self to be a point, remember Baba the Point and put a point in every scene of drama.

❖ **Together with the special practice of Divya Darpan, write in your notebook after noting down today's murli, at least 21 times the points of self-respect or 10 points of churning. If you have had any good experience, then note it down too.**

WEEK	EFFORT OF DIVYA DARPAN (DIVINE MIRROR)
FIRST	I am a powerful soul.
SECOND	I, the soul, am a point.
THIRD	I, the soul, am the embodiment of knowledge.
FOURTH	I, the soul, am a detached observer.

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