



YOUTH PROGRAM FOR DIVYA DARPAN (DIVINE MIRROR) GROUP
POINTS FOR SELF PROGRESS
FOR THE MONTH OF FEBRUARY 2024

Chart for the month of February 2024:

AIM: To transform all reasons (excuses) into solutions and fulfill all Baba's wishes

The goal of us souls is to become like the Father perfect and complete. Baba never gave any excuses to become perfect and complete rather he found solutions to reasons, solved all the problems to become perfect and complete. If you look for reasons, excuses then you will find thousands of them therefore we should always find a solution to all reasons and excuses and become like the Father. Baba has given us the knowledge of solutions to all situations. We just have to implement them by following shrimat.

So come, let us give solutions to all reasons, excuses and become like the Father.

WEEK	EFFORT OF DIVYA DARPAN (DIVINE MIRROR)
FIRST	With the knowledge of the souls, find solutions
SECOND	With the knowledge of the Supreme Soul, find solutions
THIRD	With the knowledge of the drama, find solutions
FOURTH	With the knowledge of the philosophy of karma, find solutions

For whatever aim is given for the week, let us practice or churn over it. Write at least 10 lines on its benefits. Then check everyday at night, how many % did I do practically?

Special Activity: On every Sundays of the month, keep a workshop for all youths and DD chart writers. Make groups and tell them to discuss on the following questions: (Sample for one Sunday)

1. In Brahmin life, what are the reasons that becomes an hindrance?
2. What are the solutions Baba has showed?
3. What should I imbibe to have solutions?
4. Create an action plan.

❖ **In your frame book, write in five lines the following by checking the result and keeping a record before going to bed.**

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| 1. Good morning - 3.30 am | 6. Did you read the Avyakt Murli? - Hanji |
| 2. Amritvela - 3.30 to 4.45 am | 7. Evening yoga - Hanji |
| 3. Physical exercises/walking - Hanji | 8. Self-respect - very good |
| 4. Traffic control – 5 | 9. Solutions to excuses - 80% |
| 5. Murli class - in class | 10. Good night - 10.30 pm |

❖ **During this month, we are going to wear specially two bracelets of maryadas (Godly principles):**

1. We will never miss amritvela.
2. We will meditate at least 30 minutes at numasham.

❖ **Practice:**

In every hour for one minute, let us experience the powerful rays of the Ocean of Knowledge Shiva Baba and destroy all the problems.

❖ **Together with the special practice of Divya Darpan, write in your notebook after noting down today's murli, at least 21 times the points of self-respect or 10 points of churning. If you have had any good experience, then note it down too.**

WEEK	EFFORT OF DIVYA DARPAN (DIVINE MIRROR)
FIRST	I, the soul, am an ancestor and worshipworthy.
SECOND	The Almighty is my companion.
THIRD	I, the soul, am a hero actor.
FOURTH	I, the soul, am of noble character.

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