



**YOUTH PROGRAM FOR DIVYA DARPAN (DIVINE MIRROR) GROUP**  
**POINTS FOR SELF PROGRESS**  
**FOR THE MONTH OF SEPTEMBER 2024**

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**Chart for the month of September 2024:**

**AIM: The embodiment of spiritual love**

Spiritual love is soulful love. In the Confluence Age, God Himself teaches us spiritual love. The Godly love of this time makes the reward of a life full of love in many births, but this is the time to attain it. In the Confluence Age, God Himself teaches us to have spiritual love for every soul by giving us our true identity. We are instruments to establish a world of love with God. The Golden Age is a world of love where even animals will have infinite love. Love is the supreme power in the world that can transform any soul. We souls also first felt love and then understood knowledge. Souls who are the embodiment of spiritual love are never influenced by anyone, nor do they influence anyone, but they gather everyone's love for the one God.

So come, Let us create a world of spiritual love.

WEEK	EFFORT OF DIVYA DARPAN (DIVINE MIRROR)
FIRST	Loving yourself.
SECOND	Loving the Supreme Soul.
THIRD	Loving each and every soul of the brahmin family.
FOURTH	Loving every scene of the drama.

For whatever aim is given for the week, let us practice or churn over it. Write at least 10 lines on its benefits. Then check everyday at night, how many % did I become the embodiment of spiritual love?

**Special Activity: On every Sundays of the month, keep a workshop for all youths and DD chart writers. Make groups and tell them to discuss on the following questions: (Sample for one Sunday)**

1. What is the importance of spiritual love?
2. What qualities should we assimilate to become an embodiment of spiritual love??
3. What should be my efforts to maintain spiritual love?
4. Create an action plan.

❖ **In your frame book, write in five lines the following by checking the result and keeping a record before going to bed.**

1. Good morning - 3.30 am
2. Amritvela - 3.30 to 4.45 am
3. Physical exercises/walking - Yes
4. Traffic control – 5
5. Murli class - in class
6. Did you read the Avyakt Murli? - yes
7. Evening yoga - Yes
8. Self-respect - very good
9. Embodiment of spiritual love - 80%
10. Good night - 10.30 pm

❖ **During this month, we are going to wear specially two bracelets of maryadas (Godly principles):**

1. We will see the eternal form of every soul.
2. We will follow Baba's given Shrimat for the mind, speech and action.

❖ **Practice:**

Experience the rays of true love from Shiv Baba, the Ocean of Love, for one minute every hour and shower that spiritual love on souls.

❖ **Together with the special practice of Divya Darpan, write in your notebook after noting down today's murli, at least 21 times the points of self-respect or 10 points of churning. If you have had any good experience, then note it down too.**

WEEK	EFFORT OF DIVYA DARPAN (DIVINE MIRROR)
FIRST	I, the soul, am the embodiment of everlasting and eternal love.
SECOND	I, the soul, am loved by the Supreme Soul.
THIRD	I, the soul, am loved by all.
FOURTH	I, the soul, am the witness and the observer.

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