



YOUTH PROGRAM FOR DIVYA DARPAN (DIVINE MIRROR) GROUP

POINTS FOR SELF PROGRESS

FOR THE MONTH OF DECEMBER 2024

Chart for the month of December 2024:

AIM: The royalty of purity

The royalty of Brahmin life is purity. The attitude of purity is good feelings and good wishes. No matter how someone behaves, a pure attitude means having good feelings, good wishes, and a pure vision. A pure vision means always seeing everyone in their soul form or as angels. So, attitude, vision, and the third aspect is action. In action, always aim to give happiness to every soul and take happiness in return. This is the sign of purity. There should be this understanding in attitude, vision, and action.

Whatever anyone does, whether they cause sorrow or insult you, what is our duty? As Brahmins, what should we do? If someone gives you sorrow, what will you do? Will you give sorrow in return? Will you not feel anything if they abuse or insult you? Think about what your duty is! Do not forget your duty when you see their actions. If someone insults you, become a tolerant goddess or god. Because of your tolerance, even those who insult you will come to embrace you. There is great power in tolerance, but you must tolerate for some time.

So, you are the gods and goddesses of tolerance, aren't you? Always remember this: I am the god of tolerance, I am the goddess of tolerance. A deity is a giver, and if someone abuses you or disrespects you, is that rubbish or something good? Why should you accept it? If someone offers you rubbish, will you take it? No, you won't, will you? So, if someone does not respect you, insults you, or disturbs you, what is that? Are those good things? Then why do you accept them? At least don't accept them now. To accept means to internalize them in your mind, to feel them.

Remember the royalty and personality of purity from your ancient times, through the medieval times, the confluence age, and the entire cycle. No matter what anyone does, no one can take away your personality.

So come, "Let us adopt the royalty of purity and express Baba through our actions and face."

WEEK	EFFORT OF DIVYA DARPAN (DIVINE MIRROR)
FIRST	Pure attitude
SECOND	Pure vision
THIRD	Pure action
FOURTH	Pure behaviour

For whatever aim is given for the week, let us practice or churn over it. Write at least 10 lines on its benefits. Then check everyday at night, how much % we have remained in spirituality?

Special Activity: On every Sundays of the month, keep a workshop for all youths and DD chart writers. Make groups and tell them to discuss on the following questions: (Sample for one Sunday)

1. What is the royalty of purity?
2. What is the method for the royalty of purity?
3. What are the benefits of the royalty of purity?
4. Make an action plan."

❖ **In your frame book, write in five lines the following by checking the result and keeping a record before going to bed.**

1. Good morning - 3.30 am
2. Amritvela - 3.30 to 4.45 am
3. Physical exercises/walking - Yes
4. Traffic control – 5
5. Murli class - in class
6. Did you read the Avyakt Murli? - yes
7. Evening yoga - Yes
8. Self-respect - very good
9. The royalty of purity - 80%
10. Good night - 10.30 pm

❖ **During this month, we are going to wear specially two bracelets of maryadas (Godly principles):**

1. We will always keep good feelings and good wishes for everyone in our attitude.
2. We will always maintain a spiritual vision and, through our actions, will always give happiness and receive happiness.

❖ **Practice:**

Every hour, for one minute, take rays of purity from the ocean of purity and spread the rays of purity throughout the world.

❖ **Together with the special practice of Divya Darpan, write in your notebook after noting down today's murli, at least 21 times the points of self-respect or 10 points of churning. If you have had any good experience, then note it down too.**

WEEK	EFFORT OF DIVYA DARPAN (DIVINE MIRROR)
FIRST	I, the soul, am supremely pure.
SECOND	I, the soul, am a shining star
THIRD	I, the soul, am master Brahma.
FOURTH	I, the soul, am the embodiment of pure love.

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